



Allergy and Asthma  
Associates

## Fort Worth Allergy & Asthma Associates

### MEDICATIONS THAT MAY INTERFERE WITH SKIN TESTING

These medications must be avoided for at least 3 days prior to skin testing, unless otherwise specified \*\*

Some medications must be avoided *at least 5 DAYS* and are marked with an (\*)

*If you are taking a medication on this list for a chronic condition, such as depression, do not stop that medication without first checking with us or the prescribing physician to make sure it is safe to do so. Call (817) 315-2550 to reach Dr. Bailey (ext. 205), Dr. Beaty (ext. 207) or Dr. Rogers (ext. 209).*

**\*\*Do Not Stop Asthma medications or Steroid nasal sprays such as Flonase or Nasacort prior to testing.**

**Do Not Take any OTC medications with the word "Allergy" on the packaging for 3-5 days prior.**

---

<u>A</u>	<u>C</u>	<u>F</u>
Acetaminophen PM	Caladryl lotion	Famotidine
Accu-Hist LA	Carbonoxamine	<b>*Fexofenadine</b>
Advil PM	<b>*Cetirizine</b>	Fluoxetine
<b>*Alavert</b>	Chlorpheniramine	
Alka-Seltzer Plus	Chlortrimeton	<u>H</u>
<b>*Allegra, Allegra-D</b>	Cimetidine	Hydroxyzine
Aller-Rx PM	Citalopram	
Allergy Eye Drops	<b>*Claritin, Claritin-D</b>	<u>I</u>
Alprazolam	<b>*Clarinex</b>	Ibuprofen PM
Amityptiline	Clomipramine	Imipramine
Anafranil	Cyproheptadine	
Antivert		<u>K</u>
Astelin nasal spray	<u>D</u>	Ketotifen eye drops
Astepro nasal spray	Desipramine	
Atarax	<b>*Desloratadine</b>	<u>L</u>
Azelastine nasal spray	Dimetapp	Lastacaft eye drops
Azelastine eye drops	Diphenhydramine	Lexapro
	<b>*Doxepin</b>	<b>*Levocetirizine</b>
<u>B</u>	Doxylamine	<b>*Loratadine</b>
Benadryl	Dramamine	
Bepreve eye drops	Dymista nasal spray	<u>M</u>
Bromfed, Bromfed PD		Meclizine
Brompheniramine	<u>E</u>	Midol
Brovex D	Elavil	Montelukast (stop 1 day prior)
	Elestat eye drops	
	Emadine eye drops	
	Excedrin PM	

Page 2, MEDICATIONS THAT MAY INTERFERE WITH ALLERGY SKIN TESTING

N

Nefazadone  
Norpramin  
Nortryptiline  
Nyquil

X

Xanax  
\*Xyzal

Z

Zaditor eye drops  
Zantac  
Zolof  
Zonalon cream  
\*Zyrtec, Zyrtec-D

O

Olopatadine eye drops  
Olopatadine nasal spray  
Optivar eye drops

Herbs

Licorice  
Green Tea  
Saw Palmetto  
St. John's Wort  
Feverfew

P

Palgic  
Pamelor  
Paroxetine  
Pataday eye drops  
Patanase nasal spray  
Patanol eye drops  
Paxil  
Pazeo eye drops  
Pediacare night rest  
Pepcid  
Periactin  
Phenergan  
Phenhydramine  
"PM"- containing medications  
Promethazine  
Protryptiline  
Prozac

*If you have any questions about stopping your medicines prior to your visit,  
please contact us at 817-315-2550.*

R

Ranitidine

V

Vistaril  
Vivactyl

**\*AVOID AT LEAST 5 DAYS PRIOR TO TESTING**